

Dear Spartan Allstars Parents and Guardians,

Welcome to *Citizen Sprout*! We're so excited to be serving your camp community.

A bit about us...Citizen Sprout is a delicious, organic, made-from-scratch school lunch delivery business with a serious sustainability focus. Our goal is not only to take the morning lunch rush off parent's plates, but to deliver a well-balanced, home cooked meal on a daily basis. All our ingredients are sourced locally, nut free, and delivered in reusable packaging, which is collected by our staff daily, washed and reused. Our large menu gives parents and kids a wide range of options to choose from - all the kids classics plus some delicious daily "meal of the day" options for older children and curious eaters.

Quick Facts:

- **ORDERING:** Orders are placed on our website, www.Citizensprout.com. Please set up a login and your child's / children's profile before ordering so we can make sure the meals get to the right kiddos. See our "New Parent Ordering Guide" for detailed instructions.
- **ORDER CUT OFF:** Order cut off time is 11pm the night before. Same day orders are available for a \$2 late fee and must be submitted before 7am by emailing hello@citizensprout.com
- **DELIVERY:** Meals are delivered directly to your child at camp in time for lunchtime!
- **MENU:** We have a large "kids classics" menu that's always available for ordering. In addition to our menu, we have rotating daily specials.
- **SIZING:** We have two sizes "Big Kid" (recommended for middle school and high school), and "Little Kid" (recommended for preschool and elementary).
- **WHAT'S IN A MEAL:** Most of our meals come with one main and two sides, unless otherwise noted. Drinks, snacks, smoothies, desserts, etc may be added on to any meal!
- **FRESHNESS COMMITMENT:** We provide photography of our meals for easy ordering for choosy eaters. In the instance where a particular ingredient is not available or doesn't meet our freshness standards, we do reserve the right to swap out some sides if necessary
- **ALLERGIES:** Our kitchen is completely nut free. In addition, we can accommodate dietary restrictions such as dairy and gluten free. Please note this allergies in your child's profile and in your daily order.
- **CANCELATIONS:** Cancellations are accepted until 7am day off and will receive a credit towards a future order.
- **ASK US!** Our staff is ready and willing to help with any questions you may have. Please email hello@citizensprout.com or call us at (424) 209-7490.

We look forward to serving up some delicious and nutritious meals for your kiddos this summer and beyond!

Sincerely,
Katherine Curtis, Citizen Sprout CEO and the Citizen Sprout Team

